



Health and security at work

The book to decipher the new ISO 45001 standard has just been published by AFNOR Editions

The management of occupational health and safety (OH&S) has perhaps never been more on the agenda. To organize your action in this area and save time, this book presents and dissects a proven method, validated on an international scale: the ISO 45001 standard, adaptable within any type of organization!

Prevent the risks of contamination, work accidents, injuries, musculoskeletal disorders (MSD), disorders linked to stress or fatigue... There is no shortage of challenges to significantly improve the health and safety of workers. employees, but also gain competitiveness.

A true application guide, extremely educational and designed by Marie-Hélène Lefebvre, specialist in the field, this book accompanies the reader step by step in implementing the approach proposed by ISO 45001. Definitions, analysis of the requirements of the norm, pitfalls



to avoid, links with other repositories, questions to ask, advice... from launch to deployment to evaluation and improvement, everything is there to be guided and avoid all traps!

The work is organized into relatively short chapters, according to the different phases of deployment of the standard, which can be read independently of each other. The numerous illustrations and examples allow you to better understand ISO 45001 and also help to set up the management system.

This is a useful book for prevention specialists, occupational physicians, HR managers and any organizational manager keen to organize and improve their organization on the issue of OH&S.

The recipe presented is applicable to any type of organization regardless of its size or sector of activity. It provides a comprehensive, rigorous and valuable framework for managing risks and improving company performance regarding the preservation of the physical, psychological and mental health of employees.

A book to read without delay to set up an efficient occupational health and safety management system!

The author

After fourteen years of a varied professional career – from the local civil service to a large agri-food group via a textile SME – in positions of research manager, commercial director and environmental manager, **Marie-Hélène Lefebvre** has valued her experience professional in consulting missions in a design office first in environment then in quality and safety for ten years. Qualified

ICA since 1999, she carries out audits for AFNOR Certification in QSE, Energy, CSR and AFAQ Ecodesign assessor, as well as EFQM assessor. Currently a Regional Development engineer at the Hauts-de-France delegation of the AFNOR Group, she leads workshops on these themes, develops partnerships, ensures contacts with customers and manages collective projects – such as the operation carried out in partnership with CARSAT in 2011 to promote the implementation of a health and safety management system.

at work according to the ILO OSH 2001. Rich in all these experiences and as a member of GEX 45001 in which she participated during the entire phase of the development of ISO 45001, she took up the pen to write this work.

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> [Access the online store](#)



For any questions, receive the books in PDF or printed form, communicate with an author:

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